



CHRIST-KING CATHOLIC SCHOOL

4704, 55 STREET
STETTLER, AB T0C 2L2
(403) 742-0280



KINDERGARTEN PROGRAM

As your child is about to enter school for the first time, you may have some questions and concerns. This information is designed to provide you with some tips to help your child make a smooth transition into the exciting world of Kindergarten and hopefully answer some of your questions. Please read and retain for future reference.

PROGRAM OFFERED

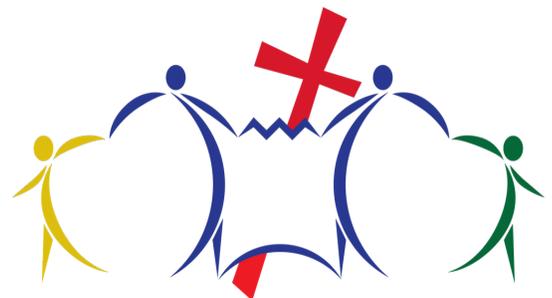
Five full days of school per week (A part-time option is available. Please speak to the teacher if interested). For the first week of September all students participate in a "staggered entrance". A schedule of your child's school days will be sent home at a later date. After the first week of school, all students will be attending five full days of school per week.

SCHOOL TIMES

School Start Time 8:40am
Morning Recess 10:10-10:25am
Lunch & Recess 11:45-12:25pm
Afternoon Recess 1:55-2:05pm
Dismissal 3:25pm
(**Friday Dismissal is at 2:15pm**)

DOCUMENTATION

The school requires a copy of your child's birth certificate. This can be provided when you complete your registration form (we can photocopy the birth certificate here at the school). This is required of us by Alberta Education, so if you have not yet done so, please apply for your child's birth certificate.



WHAT WILL MY CHILD LEARN IN KINDERGARTEN?

The Alberta Kindergarten Program is based upon the following beliefs:

- Children develop at different rates and Kindergarten provides learning experiences that meet individual needs.
- Young children are naturally curious and eager to learn, and they benefit from developing positive relationships with others, including children their own age.
- Parents are their children's first and most important teachers.

Your child will develop skills in the following areas:

- Early Literacy
- Early Numeracy
- Community and Environment Awareness
- Personal and Social Responsibility
- Physical Skills & Well Being
- Creative Expression
- Citizenship & Identity

The expectations of the 7 learning areas are interrelated and meet the social, physical, intellectual, cultural, creative and emotional needs of young children. These learning areas describe the learnings that young children accomplish not only in the Kindergarten program, but also in their homes and communities. The learning areas provide a transition to the subject area expectations of elementary schooling. Beyond alphabet, numbers, shapes and colours and other concepts, children learn numerous skills in social interactions with their peers in a variety of situations in Kindergarten. One of the biggest goals of Kindergarten (as set out by Alberta Education) is socialization. We try to provide a balance between structured activities where the students are refining their skills, and situations where the children have choices in guiding their own learning. For more information regarding the Kindergarten Curriculum, please refer to the Curriculum Express for Parents found online.

RELIGION

Religion is permeated throughout our school days. We will follow the church calendar and participate in activities accordingly. For example, during Advent (the 4 weeks before Christmas), we will focus on waiting and preparing for the birth of Jesus at Christmas time. We will also have weekly, whole school celebrations during this time. These celebrations will also take place during different important times in the church year. Students will participate in daily prayer, and specific religion classes in their classroom. Once a month we also attend Mass at the church, as a whole school. Because we are a Catholic school and faith is an integral part of our program, students are expected to participate in all religious activities.



PREPARING FOR THE FIRST DAY OF KINDERGARTEN

There are a number of things you, as Kindergarten parents and caregivers can do to help your child be successful.

Here are some helpful tips:

- Practice bedtime and wake-up schedule a few days before school starts
- Talk about what he/she may do in Kindergarten
- Occasionally practice getting their backpack ready
- Help your child plan what to wear
- Practice getting themselves ready for outside (i.e. doing up jackets)
- Make bedtime for quiet activities (i.e. stories)
- Each day try to reduce stress by leaving plenty of time for your child to get ready for the day
- Ensure that your child has healthy meals and snacks at regular times

HOW CAN I HELP MY CHILD LEARN TO LISTEN?

Here are some tips for good listening skills that you can practice with your child. Being a good listener means that you:

- Stop what you are doing
- Look at the person who is speaking
- Try to keep still when the person is speaking
- Think about what the person is saying
- Can re-tell what you have heard
- Can follow instructions

KINDERGARTEN SUPPLIES

A kindergarten supply list will be sent to you at a later date or can be found on our website:

<https://www.ck.ecacs16.ab.ca/>.

TRANSPORTATION

Bussing is available upon request. The transportation request form needs to be filled out and returned to the school as early as possible so that bus routes can be determined. A busing fee may apply, depending where you live.



WHAT SHOULD MY CHILD KNOW BEFORE KINDERGARTEN BEGINS?

Although it is not required that you child complete the attached list before entering Kindergarten, you will want to give your child every chance to succeed in school. You could spend some time in the months before Kindergarten begins and work with your child on the skills described in the list below (*items that are especially helpful for you child to know):

- Listens to a story*
- Asks for help to write letters
- Can use the toilet, flush toilet, and wash hands without help*
- Can share a toy*
- Gives an explanation using "because..."
- Talks about interests or experiences
- Opens book right way up and turns the page one by one*
- Plays well with others
- Can complete a chore or job
- Picks up own toys*
- Shows caring for others
- Can throw, kick, or catch a ball with a friend
- Knows some rhymes, songs or jingles
- Can use a kleenex*
- Can control volume of voice
- Recognizes some letters from food packages and cartons
- Colours a picture*
- Shows patience
- Draw dots, lines, circles and pretends to write
- Can follow rules and explain them to others
- Knows how to ask for help*
- Talks to other children while playing
- Engages in pretend play
- Can play simple card or board game
- Uses scissors and glue with supervision
- Counts out loud to 10*
- Can run
- Can take turns
- Notices things that are different
- Can dress myself*
- Can hop on one foot
- Knows body parts*
- Pretends to write
- Knows phone number
- Recognizes own name in print*
- Can retell a favourite story
- Asks questions
- Puts on own coat*
- Knows phone number
- Draws a person
- Counts 10 objects
- Knows shapes
- Says "please", "thank you" and "excuse me"*
- Knows age*
- Can jump
- Can take care of own things
- Plays well alone
- Notices things that are the same
- Prints his/her name (only first letter is capitalized)*
- Follows simple instructions*
- Politely listens and responds to what people say
- Ties shoes
- Knows colours*
- Talks about his/her drawing

